

Save the Date! - April 13-14, 2010

Interfaith Wellness Retreat

Rabbi Myrna Matsa
C/o Shir Chadash Synagogue
3737 West Esplanade Avenue
Metairie, LA 70002

TO:

REGISTER before January 25th for the Early Bird Rate

Save the Date! – April 13-14, 2010

Time out . . . to reflect An Interfaith Clergy Wellness Retreat

Time to be alone

Time to be together

Time to get it together



Join clergy colleagues at the beautiful Solomon Episcopal Conference Center in the countryside around Robert, LA for a day and a half of relaxation, collegiality, and meditation. Clergy spouses welcome.

Walk and smell the wooded grounds, swim in the outdoor pool (for polar bears), daydream while sitting in the rockers under the veranda, sip a hot cup of coffee in the beautiful surroundings of the lodge, gather and get warm around a glowing fire, read, sleep, meditate, socialize, study with a renown scholar, sign up for massages, sign up for spiritual direction, tell tales (as tall as you want . . . what happens in Robert stays in Robert!)

When: From 2 p.m. Tuesday, April 13 until 4 p.m. Wednesday, April 14th

Where: Solomon Episcopal Conference Center, Robert, LA (see inset map)

54296 Highway 445, Loranger, LA 70446; Phone: (985) 748-6634

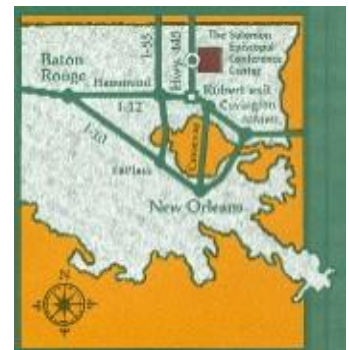
How much: \$85 per person includes all meals, lodging, activities and use of facilities

To register, Write check to: **“INTERFAITH CLERGY WELLNESS RETREAT”**

Mail to: Rabbi Myrna Matsa ▪ c/o Shir Chadash Synagogue
3737 West Esplanade Avenue ▪ Metairie, LA 70002

Questions? Phone: 228-229-9480

Pre-Registration Deadline: January 25, 2010 - \$65.00; after January 25, 2010 \$85.00



The retreat is underwritten by

**The New York Board of Rabbis in partnership with
The Jewish Federations of North America**



Retreat Facilitator - Dr. Pelcovitz



Dr. Pelcovitz holds the *Gwendolyn and Joseph Straus Chair in Psychology and Jewish Education* at Yeshiva University's Azrieli Graduate School of Jewish Education and Administration where he is also the Special Assistant to the President. Serving for over two decades as Director of Psychology at North Shore University Hospital-NYU School of Medicine, and Clinical Professor of Psychology in Psychiatry, at NYU School of Medicine, he has consulted extensively with the Jewish community in the United States, Europe and Israel on a wide range of issues facing children and adolescents.

Dr. Pelcovitz, who received his Ph.D. from the University of Pennsylvania, has published and lectured extensively on a variety of topics related to education, parenting and child mental health. Areas of research and clinical specialty include family violence, the impact of domestic violence, stress management, transmitting values to children and adolescents and coping with trauma and loss. His most recent publication was "Balanced Parenting" a book he wrote, in collaboration with his father, on parenting from a Jewish perspective.

Spiritual Guide – Linda Nelson



Linda is a skilled spiritual director, consultant trainer/workshop leader with twenty-five years of proven ability to train, teach, inspire, challenge and lead individuals. She has served as mediator in over 2000 mediations involving family, business, community and church conflict. Linda also serves as spiritual director to 160+ ordained and laypersons of seven mainline denominations.

Linda is now the Director of Advent House "A ministry of Christ Church Cathedral" in New Orleans, LA. She has been married to William "Mike" Nelson for 43 years. Together they are the parents of three grown children, in-laws to two and grandparents of seven.

Retreat Coordinator – Rabbi Myrna Matsa



Rabbi Myrna Matsa holds the position of Rabbinic Pastoral/Trauma Counselor for Hurricane Katrina Support in the New Orleans, Baton Rouge and the Biloxi/Gulfport Region. She works closely with leaders of the various faith communities, both Jewish and non-Jewish, and also lay people within the Gulf area providing them with direct pastoral services during reconstruction, serving as a Jewish referral resource, and interfacing with various mental health associations.

She was sent by the New York Board of Rabbis in partnership with the United Jewish Communities. Rabbi Matsa brings passion to her work as she helps to identify needs along the Gulf so that she can be counted among those who bring a source of hope and healing.

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Registration

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54296 Highway 445, Loranger, LA 70446; Phone: (985) 748-6634

(Please Print)

First Name: _____ Last Name: _____

Spouses Name (If Attending): _____

Organization: _____

Address: _____ City _____ St _____ Zip _____

Phone: (Day) () _____ - _____ (Cell) () _____ - _____

E-Mail: _____

Room Request (Circle): Single Double Triple

Dietary Needs (Circle): Kosher Vegan Other (Specify) _____

Special Needs: _____

In Case of Emergency: Name: _____

Phone: () _____ - _____

No. Attendees: _____ Total Enclosed \$ _____ (\$65pp - by Jan. 25 ▪ \$85pp - after Jan. 25)

Write check to: "INTERFAITH CLERGY WELLNESS RETREAT"

Mail To: Rabbi Myrna Matsa C/o Shir Chadash Synagogue
3737 W. Esplanade Ave. ▪ Metairie, LA 70002

Questions? E-Mail: mmatsa@nybr.org ▪ Phone: 228-229-9480 ▪ Fax: 504-883-9009

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