


# Tips for Dealing with the Gulf Oil Spill




## Tips for Parents and Teachers

Tips for Talking to Children & Youth About the Oil Spill Disaster - A Guide for Parents and Educators


- [English](#) | [Cambodian](#) | [Haitian/Creole](#) | [Lao](#) | [Spanish](#) | [Vietnamese](#)  
 (largest pdf file sizes 685 kbytes)

Tips for Talking to Children & Youth About the Oil Spill Disaster - Interventions at Home for Preschoolers to Adolescents


- [English](#) | [Cambodian](#) | [Haitian/Creole](#) | [Lao](#) | [Spanish](#) | [Vietnamese](#)  
 (largest pdf file sizes 1.5 megabytes)

## Tips for the General Public

Tips for Coping with the Oil Spill Disaster - Managing Your Stress


- [English](#) | [Cambodian](#) | [Haitian/Creole](#) | [Lao](#) | [Spanish](#) | [Vietnamese](#)  
 (largest pdf file sizes 484 kbytes)

Tips for Dealing with Grief Due to the Oil Spill Disaster


- [English](#) | [Cambodian](#) | [Haitian/Creole](#) | [Lao](#) | [Spanish](#) | [Vietnamese](#)  
 (largest pdf files 356 size kbytes)

## Tips for Emergency Response Workers

Tips for Oil Spill Disaster Response Workers - Possible Signs of Alcohol and Substance Abuse

- [English](#) | [Cambodian](#) | [Haitian/Creole](#) | [Lao](#) | [Spanish](#) | [Vietnamese](#)  
 (largest pdf file size 245 kbytes)

Tips for Oil Spill Disaster Response Workers - Managing and Preventing Stress for Managers and Workers

- [English](#) | [Cambodian](#) | [Haitian/Creole](#) | [Lao](#) | [Spanish](#) | [Vietnamese](#)  
 (largest pdf file size 2 megabytes)

## **Other Disaster Resources**

- [SAMHSA's Guide for Getting Through Tough Economic Times](#)
- [Additional Disaster Response Resources](#)